



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Anton Monteiro

This is to certify that Anton Monteiro has achieved the standard of Sporting Excellence in Competition Sport Karate. Anton competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

### Championship Success - 1 Silver

**Wado UK Championships - 1<sup>st</sup> September, Hull**

Silver - Individual Kumite

Congratulations on your sporting achievements throughout 2019. Well done Anton.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy

